

SUNDAY LUNCHES/WEDNESDAY DINNERS AT HOLY COMFORTER EPISCOPAL CHURCH

You've volunteered to bring a meal and to serve it on a Sunday or Wednesday at Holy Comforter. Thank you!! Meals are very important at Holy Comforter because many of our parishioners do not have access to consistent and healthy food at home. It's also wonderful to sit around a table together sharing stories in community, and wow, there are some incredible stories here! The meals can be as elaborate or (almost) as simple as you'd like.

Quick Facts:

- Food for approximately 55 people on Sundays or 40 people on Wednesdays. Don't forget to add your team of volunteers to the count.
- Vegetarian option enough for 3 people
- Lunch is served at approximately 11:30AM each Sunday (kitchen is open by 9AM) and 7:15PM on Wednesday (kitchen is open by 4:30PM)
- We can provide plates, cutlery, napkins, and cups but we'd love it if you can bring them as a donation. Thank you!
- You do *not* need to sweep or mop the floors after you've served the meal but please do take the trash out to the dumpster.

What to include for a meal:

- Anything goes! BBQ with beans and slaw, lasagna with salad and corn, tacos, fried chicken, — whatever! Just keep in mind that very crunchy foods like raw veggies or whole apples are difficult for some of our folks with dental complications so softer foods are preferable.
- Some of our folks will ask for an extra plate to take home. Please be sure everyone has been served before fixing extras. There is tin foil (dispenser is on the wall) that you can use to cover the plates.
- You're welcome to cook at the Holy Comforter kitchen, just let us know what time you would like to be there. (E-mail admin@holyccomforter-atlanta.org).

Join us, or not:

- We would love for you to join us for worship at 10:30AM on Sunday or 6:30PM on Wednesday! It's very casual (seriously, wear jeans and a t-shirt), all you need to know is that ALL are welcome at our church. Yep, ALL. Even if you're sad, happy, conservative, liberal, gay, straight, trans, non-binary, black, white, rich, poor, doubtful, or previously burned by church. No matter who you are, or how you come to us, we're just glad you're here.

Fun tips:

- Tea and/or lemonade are fan favorites around here, so if you're looking to make friends, that's the ticket (also kindness, but you knew that). If you do bring drinks with you, please be sure to also bring a non-sugar option.
- Keeping an eye on salt and sugar content is helpful, but not mandatory

Questions? Please contact: admin@holyccomforter-atlanta.org